프로그램 운영일정

2026년 8월

미소데이케어

*파란색 : 외부강사 *빨간색 : 센터행사

작성일 : 2026.08.06

일요일	월요일	화요일	수요일	목요일	금요일	토요일
30	31 10:00:기능회복훈련(30) 10:30:신체활동(60) 13:30:접시체조(30) 14:30:인지활동(60) 15:30:기능회복훈련(30) 16:00:노래교실(30)					1 10:00:기능회복훈련(30) 10:30:인지활동(60) 13:30:맨손체조(30) 14:30:신체활동(60) 15:30:힐링타임(30)
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※ 상기 프로그램 운영일정은 외부강사나 센터의 사정에 의해 변경될 수 있음.